If you need help buying food, SNAP can help.



SNAP provides monthly benefits to spend at local grocery stores. You can get and use SNAP while keeping a safe distance from other people:

- Apply for SNAP online at www.MyBenefits.ny.gov
- Everything you need to do to apply for and receive benefits can be done from home by phone or online—no need to visit a local social service office.
- Use SNAP to purchase food at local grocery stores.
- Shop for food using SNAP benefits online and have groceries delivered or picked up at:
 - o Amazon—available statewide
 - o Walmart and ShopRite—available in some zip codes (see their websites)

Help is available:

If you need help applying for SNAP, call or email a Nutrition Outreach and Education Program (NOEP) Coordinator. NOEP Coordinators tell you if you may be eligible for SNAP, answer any questions you may have, and help you complete and submit your application. It is free and confidential.

Find your local NOEP Coordinator at FoodHelpNY.org, or use the list on the back of this flyer.



New York City by Borough	NOEP Agency Name	Phone Number
All Boroughs	Center for Independence of the Disabled, New York	646-849-8077
II Boroughs	Chinese-American Planning Council, Inc.	212-941-0030 x 213
II Boroughs	Food Bank For New York City	212-566-7855 x8074
II Boroughs	Urban Justice Center	718-960-3393
Brooklyn	CAMBA, Inc.	718-287-0010
Brooklyn	Edith and Carl Marks Jewish Community House of Bensonhurst	718-331-6800 x137
•	· · · · · · · · · · · · · · · · · · ·	347-880-2922
Brooklyn	Metropolitan Council on Jewish Poverty	
Brooklyn	Nachas Health & Family Network, Inc.	718-436-7373 x16
Brooklyn, Bronx, Manhattan, Queens	Hunger Free America	646-865-0769
Bronx	Mosholu Montefiore Community Center, Inc.	718-882-4000 x304
Bronx	Part of the Solution (POTS)	646-673-6479
ronx, Manhattan	West Side Campaign Against Hunger/West Side Center for Community Life	917-837-5663
Manhattan	Apicha Community Health Center	646-744-0993
Manhattan	Lenox Hill Neighborhood House	212-218-0431
Queens	Jewish Community Council of the Rockaway Peninsula	718-327-7755 x6127
Queens	Queens Legal Services Corporation	347-592-2206
Queens	·	
Rest of State by County	NOEP Agency Name	Phone Number
lbany	Legal Aid Society of Northeastern New York, Inc.	518-462-6765 x327
llegany	Cattaraugus Community Action, Inc.	585-307-0549
Broome	Family Enrichment Network, Inc.	607-723-8313 x827
	Cattaraugus Community Action, Inc.	716-945-1041 x118
Cattaraugus		
Chautauqua	Cattaraugus Community Action, Inc.	716-244-7337
Chemung	Food Bank of the Southern Tier	607-796-5592
Chenango	Catholic Charities of Chenango County	607-336-7897 x 328
Clinton	Legal Aid Society of Northeastern New York, Inc.	518-563-4022 x112
Columbia	Catholic Charities of Columbia and Greene Counties	518-828-8660 x128
Cortland	Cortland County Community Action Program	607-745-7240
Delaware	Delaware Opportunities Inc.	607-746-1670
Outchess	Hudson Valley Community Services, Inc.	845-360-9722
rie	Food For All, a program of the Network of Religious Communities	716-364-7573
ranklin	Massena Independent Living Center	518-483-2151
ulton	Legal Aid Society of Northeastern New York, Inc.	518-810-9081
Genesse	Food For All, a program of the Network of Religious Communities	585-815-5721
Greene	Catholic Charities of Columbia and Greene Counties	518-943-1462 x1
Herkimer	Catholic Charities of Herkimer County	315-894-9917 x235
lefferson	Community Action Planning Council of Jefferson County, Inc.	315-955-9319
	Legal Assistance of Western New York, Inc.	585-572-1714
ivingston	,	
Madison	Mohawk Valley Community Action Agency, Inc.	315-624-9930 x2609
Monroe	Legal Assistance of Western New York, Inc.	585-295-5624
Montgomery	Legal Aid Society of Northeastern New York, Inc.	518-842-9466 x225
lassau	Catholic Charities of the Diocese of Rockville Centre, Inc.	516-317-1929
lassau	Health and Welfare Council of Long Island	516-505-4431
liagara	Niagara Community Action Program, Inc.	716-439-1322
Oneida	Mohawk Valley Community Action Agency, Inc.	315-624-9930 x2387
		315-437-1899 x224
Onondaga	Food Bank of Central New York	
Ontario	Legal Assistance of Western New York, Inc.	315-781-1465
Orange	Hudson Valley Community Services, Inc.	914-606-1360
Otsego	Catholic Charities of Delaware, Otsego and Schoharie Counties	607-432-0061 x112
Putnam	Catholic Charities Community Services, Archdiocese of New York	917-275-5459
Rensselaer	Unity House of Troy, Inc.	518-274-2607 x4108
ockland	Catholic Charities Community Services of Rockland	917-828-4505
aratoga	Legal Aid Society of Northeastern New York, Inc.	518-587-5188 x412
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schenectady	Catholic Charities Tri-County Services	518-374-2427
schuyler	Catholic Charities of Chemung & Schulyer	607-535-2050 x208
Seneca	Legal Assistance of Western New York, Inc.	315-781-1465
t. Lawrence	Massena Independent Living Center	315-764-9442 x405
teuben	Catholic Charities of Steuben County	607-329-4387
uffolk	Catholic Charities of the Diocese of Rockville Centre, Inc.	631-258-1461
iuffolk	Health and Welfare Council of Long Island	516-505-4425
Gullivan	Hudson Valley Community Services, Inc.	845-842-1232
ioga -	Catholic Charities of Tompkins & Tioga	607-272-5062 x305
ompkins	Catholic Charities of Tompkins & Tioga	607-272-5062 x21
Jlster	Hudson Valley Community Services, Inc.	845-579-2558
Varren	Catholic Charities of Saratoga, Warren and Washington Counties	518-793-6212
Vashington	Legal Aid Society of Northeastern New York, Inc.	518-587-5188 x408
Vayne	Legal Assistance of Western New York, Inc.	315-781-1465
Vestchester	Catholic Charities Community Services, Archdiocese of New York	914-476-2700 x212
Vyoming	Food For All, a program of the Network of Religious Communities	585-456-4224